



Autumn/Winter menu - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch:	Jacket potato with cheese and beans Yoghurt	Mild chilli con carne with rice and peas Ice-cream with fresh pineapple	Roast chicken with roast potatoes and vegetables Home-made carrot cake	Spaghetti bolognese Banana and custard	Chicken pasta bake with broccoli Yoghurt
Tea:	Tuna and sweetcorn salad with buttered bread Fresh fruit	Mixed sandwiches with salad Fresh fruit	Soup of the day with bread Fresh fruit	Pizza with salad Fresh fruit	Muffins with cheese and salad Fresh fruit

Please note: **Mid-morning snacks consist of carrot and cucumber sticks, breadsticks, houmous, and fresh seasonal fruit. Mid-afternoon snacks consist of breadsticks, crackers, rice cakes, and a variety of dried fruits.**