



Spring/Summer menu - Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch:	Pasta carbonara with bacon and mixed vegetables  Yoghurt	Mild chicken curry with rice and peas  Jelly	Sausage and mash with mix vegetables  Rice pudding with fruit coulis	Macaroni cheese with sweetcorn and cabbage  Fruit crumble and custard	Baked fish with white sauce, and new potatoes with carrots and broccoli  Yoghurt
Tea:	Crumpets with cheese and salad  Fresh fruit	Quiche with salad  Fresh fruit	Beans on toast  Fresh fruit	Mixed sandwiches with salad  Fresh fruit	Home-made cheese muffins with salad  Fresh fruit

Please note: **Mid-morning snacks consist of fresh vegetable sticks, pitta bread, houmous, and fresh seasonal fruit.**  
**Mid-afternoon snacks consist of cheese, breadsticks, crackers, rice cakes, and fresh seasonal fruit.**