



Spring/Summer menu - Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch:	Cauliflower and broccoli cheese bake with mashed potatoes Rice pudding with cinnamon	Italian chicken with mixed vegetables and pasta Yoghurt	Meatballs with rice, carrots and broccoli Home-made Dorset apple cake	Fisherman's pie with mixed vegetables Yoghurt	Lasagne with salad Fruit jelly
Tea:	Mixed sandwiches with salad Fresh fruit	Crumpets with cheese Fresh fruit	Vegetarian quiche with salad Fresh fruit	Beans on toast Fresh fruit	Home-made cheese muffins with salad Fresh fruit

Please note: **Mid-morning snacks** consist of fresh vegetable sticks, pitta bread, houmous, and fresh seasonal fruit.
Mid-afternoon snacks consist of cheese, breadsticks, crackers, rice cakes, and fresh seasonal fruit.