



Spring/Summer menu - Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch:	Home-made fish bites and oven-baked potato wedges with vegetables Yoghurt	Moroccan lamb with couscous and vegetables Rice pudding with fruit coulis	Chicken stew with vegetables and mashed potatoes Jelly	Vegetable pasta bake Home-made treacle sponge with custard	Egg fried rice with sweet and sour chicken, and peas Fresh fruit salad
Tea:	Crumpets with cheese Fresh fruit	Mix sandwiches with salad Fresh fruit	Pizza with salad Fresh fruit	Tuna and sweetcorn salad with buttered bread Fresh fruit	Beans on toast Fresh fruit

Please note: Mid-morning snacks consist of fresh vegetable sticks, pitta bread, houmous, and fresh seasonal fruit. Mid-afternoon snacks consist of cheese, breadsticks, crackers, rice cakes, and fresh seasonal fruit.